

Desert View

Family Counseling Services

Counseling for: Sexual Assault Victims/ Sexually Reactive Youth/At Risk Youth/Substance Abuse

*Support Services include: Parenting Classes, Advocate Services and Prevention.

Check out our website: www.desertviewsas.org

Newsletter December 2009

Desert View

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BOARD OF DIRECTORS 2009

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Vacant, Director

Introducing a NEW menu item!

When planning this year's Christmas dinner, consider introducing a new menu item: **honest conversation.**

A taste of positive and hopeful language can do wonders when carving through a "silence" that's been complicating family gatherings for generations. The truth is - silence isn't *really* golden.

When we gather this month to celebrate the Christmas Holidays, it's likely that among those who are lovingly preparing the meal, cheering on the favorite football teams, and playing childhood games in the next room, will be survivors of another kind of family ordeal. In most instances, their experience of childhood sexual abuse will be unknown, unacknowledged or unspoken. That's a loss for all of us.

The time we spend together over this Christmas weekend may be our best chance all year to nurture a family culture that keeps children better protected from the risk of sexual abuse. Contrary to conventional wisdom, honest, heartfelt conversations among family members who care for one another - adults talking to adults - offers the best promise for preventing the sexual abuse of children. But most often, we just keep quiet.

Adults with the courage to face some simple truths can cut through the collective silence that makes children vulnerable to harm that can be prevented.

Most sexual abuse of children is committed by someone the child already knows, trusts and often loves. Often this is a family member or close family friend who we care about, but who has tragically lost control of their impulses. Someone who needs our help and support to stop!

Embracing that knowledge gives us an incredible opportunity to think about the real ways we can prevent sexual abuse. Ultimately, honest discussion is more productive than quiet worry or seething anger. Let's face it. Most everyone wants to prevent child sexual abuse!

Just getting the topic on the table can be a huge step toward creating a safer, more open environment. In the best of cases, a loving conversation could redeem two lives - a person at risk of hurting a child and a potential child victim.

And for the new year, let's all resolve to create a society where people - adults and children - who may be at risk to sexually abuse a child can get appropriate help to gain control and to lead positive, productive lives.

Desert View Staff

Rick Quevedo-Executive Director

Rachel Bartley, Executive Assistant

Teri Click

Office Manager

Ron Walden MA, LMHC

Clinical Director

Julie Swanson, MA-LPCC

Therapist

Brenda Baker, LMSW

Therapist

Angela Parry, LMSW

Therapist

Stacie McKenzie, LMSW

Therapist

BeaJay Hinojosa, Billing Coordinator

Brianne Martin,

Advocate/Education Coordinator

Kai Samuelsen, Office Coordinator

Let's look forward to the day when we can be thankful that harsh punishment is not the only option for dealing with child sexual abuse; the day when adults and communities are effectively preventing abuse before children are ever harmed.

Look around your Christmas table! Changing the dynamic may require courage, but not necessarily confrontation. Have the courage to start a caring conversation where one is needed. Someday you'll look back on this year and find a real reason to give thanks and believe in the season of giving.

Thank you Bank of the Southwest!



Bank of the Southwest evolved from the idea that community banks continue to thrive as a vital link in the economic well-being and prosperity of thousands of small and medium-sized towns, rural areas, and urban neighborhoods throughout America, including here in San Juan County.

Desert View wants to THANK the Bank of Southwest for their gracious donation to help families in need this holiday season (who receive services at Desert View). The staff of Bank of Southwest unanimously voted to give up their Christmas dinner fund of \$690.00 and donate it to families who are less fortunate. What an awesome demonstration of "the spirit of giving"!



We're here to assist our clients with obtaining the services and financing options that best fit their needs. Desert View has several funding sources that may help pay for counseling services.

We accept Medicaid, most private insurances and self-pay based on a sliding fee schedule.

Staff of Desert View



Thank You Cummins Rocky Mountain



Thank you to Cummins Rocky Mountain for selecting Desert View for this year's community development fund.

Cummins 10-word Vision statement is as simple as it is powerful, and everything we do today flows from our commitment to "making people's lives better by unleashing the power of Cummins."

Perhaps more importantly, however, Cummins have been able to achieve these results while remaining true to our core values of ethical business behavior and corporate social responsibility.

Cummins pride themselves on operating under a set of values that emphasizes integrity, innovation, delivering superior results, corporate responsibility, diversity and community involvement.

Just a few of Desert View's Groups:

Step Up! (Anger Management and Substance Abuse for Youth) every Wednesday night from 6:00-7:15 **Next class begins January 6th and ends February 10th, 2010!** Slots fill up fast!

Parenting Classes every Thursday night from 6:00-7:30. This is an 8 week program* - our next parenting group **begins January 7th and ends February 25th, 2010!** Slots fill up fast, get signed up!

All groups are court ordered or volunteer.

Check website calendar for dates & times!
www.desertviewsas.org



CONTACT INFORMATION:

Desert View Family Counseling
2700 Farmington Ave Bldg F Ste 1
Farmington NM 87401

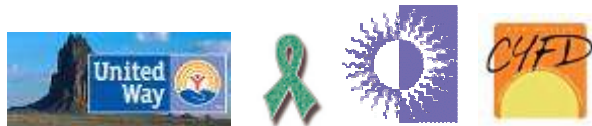
Phone: 505-326-7878
Fax: 505-326-7879

Crisis Phone: 505-947-4471

Email: admin@desertviewsas.org
Website: www.desertviewsas.org

We except Medicaid and Private Insurance.*
Various funding sources are available for non-medicaid cleints.

Desert View is partially frunded by:



Women's Self Esteem Group



"Being Who You Are" is an integrative 6 week group (counseling model) for adult young women, particularly those who are experiencing loss of control over their lives and/or are depressed and anxious.

Desert View offers this group to diverse women who have been abused, displaced and/or transitioning through alcohol or substance recovery who exhibiting depressive symptoms and low self-esteem.

Services are offered by Desert View.
For more information call 505-326-7878.
This event occurs every Monday at 6:00 - PM
Group Facilitated by: Angela Parry, LMSW

Making the Man



Boy's life skills that includes character and leadership, education and career, sports, fitness and recreation. This group also includes components about dating violence, shoplifting, substance abuse and anger... over all learning to be a "stand up" guy! Ages 13-18 both volunteer and court ordered. For more information call 505-326-7878 Group begins January 5th and ends on the 26th, 2010. Group meets from 6:00-7:15 for a total of 4 weeks.

VICTIMS OF CRIME ACT (VOCA) EMERGENCY FUNDING

Purpose: To assist victims of crime in emergency, LIFE THREATENING situations when other resources are unavailable. The PRIMARY concern is to help decrease the emotional trauma as well as the financial burden to all innocent crime victims.

Definition of Emergency: That which is IMMEDIATE and a DIRECT RESULT OF THE CRIME that consequently leads to the need for services. The determination as to what constitutes an emergency is left to the discretion of the administering agency, under the guidance of the VOCA Grant Administrator.

Important to Note: This fund is NOT intended to be a substitute for victims' compensation, but rather to support immediate services to victims when NO other resources are available.

The Victim Advocate/Desert View is required to work with the victim to determine and eliminate viable resources first before accessing this fund.

How much? The maximum amount of emergency funding available to an individual victim per crime incident cannot exceed \$1,500.00. Category limits include:

- eyeglasses (not to exceed \$350.00),
- utilities – gas, electric, water, telephone, etc. (not to exceed \$250),
- emergency counseling (not to exceed \$500),
- rent (not to exceed \$600, one time only),
- mileage (not to exceed \$.20/map mile) and
- per diem (not to exceed State of NM rates).

How are these funds accessed? Contact Desert View Family Counseling and ask for Brianne Martin or Teri Click, (Victim Advocates for region 1). Call 505-326-7878.

An Advocate will conduct a pre-screening check list to see if victim is eligible for funds.*

Thank You BHP Billiton!



BHP Billiton aims to deliver community investment programs in partnership with communities, non-government organizations and government agencies wherever possible. This year, Luci Davis (pictured right) of BHP Billiton did an outstanding job in facilitating BHP's first annual Community Investments Funds. Over forty one non-profit organizations applied for these funds and only twenty three agencies were selected.

Desert View was one of the non-profits selected for funding this year and these dollars will help continue youth services for substance abuse treatment, prevention and outreach.

Thank you BHP Billiton for all you do for Desert View Family Counseling!

