

## What You Should Know ...

Desert View Family Counseling offers comprehensive counseling services including mental health, sexual abuse, physical abuse and more. Parenting classes and substance abuse services are also available. And we provide counseling for co-occurring disorders and “At Risk Youth” - who have behavioral, academic and truancy issues.

We’re here to assist our clients with obtaining the services and financing options that best fit their needs. Desert View has several funding sources that may help pay for counseling services.

We accept Medicaid, most private insurances and self-pay based on a sliding fee schedule.

We want to thank you for choosing Desert View Family Counseling, where families come first.

*Desert View’s Mission is to support, empower, and advocate for all survivors of sexual abuse, rape and other trauma. We strive toward eliminating any form of violence and oppression against adults and children by specializing in routine, urgent and emergency counseling services in San Juan County.*

*Desert View is also committed to working with at risk youth and their families to restore hope and harmony.*

## Hotline Numbers & Resources

All Emergencies .....	911
Dispatch .....	334-6622
Desert View Counseling.....	326-7878
Desert View Crisis Line .....	947-3645
Sexual Assault Services.....	325-2805
Sexual Assault Services of NWNM	
Hotline.....	1-866-908-4700
District Attorney’s Office.....	325-7555
Crime Victim’s Reparation Act .....	325-7555
DNA Legal Services.....	325-8886
Farmington Police Advocate .....	327-7701
Bloomfield Police Advocate .....	632-6311
Sheriff’s Department Information on Sex	
Offender Registry Website .....	334-6107
Childhaven’s Safe House .....	325-1369
District Court for Orders of Protection	
for Aztec .....	334-6151
for Farmington .....	326-2256
for Shiprock.....	368-1284
Farmington Indian Center .....	327-6296
Family Crisis Center.....	325-3549
New Beginnings Program.....	599-0984
Navajo Ministries.....	325-0255
Presbyterian Medical Services.....	325-0238
Halvorson House .....	326-2736
CYFD Local Protective Services.....	327-5316
Juvenile Assessment Center .....	324-5822
Juvenile Grade & Drug Court.....	599-9112
Juvenile Probation & Parole.....	325-1631
Juvenile Shelter .....	324-5840
United Way Help Line .....	326-1194



Desert View receives funding by San Juan United Way

# Desert View

Family Counseling Services



**2700 Farmington Ave.  
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Farmington, NM 87401  
Office: 505-326-7878  
Crisis: 505-947-3645**

admin@desertviewsas.org  
www.desertviewsas.org

## Services We Provide:

Desert View Family Counseling provides low cost and confidential services and can be contacted 24 hours a day. Here is a brief overview of the services offered by Desert View:

- **24-Hour Hotline** - For victims and family members. We offer crisis intervention, support, referrals, and safety planning.
- **Individual & Family Services** Individual, group & family treatment (includes intake, evaluation assessment & therapy).
- **Sexual Assault Survivors** Counseling and Advocate Services at no cost.
- **Support Groups** - Topics of groups vary by program; can include groups for victims, survivors; friends and family of survivors; groups for adolescents and parents.



- **Legal Advocacy** - Court accompaniment, explanation of legal options, restraining orders, referrals to attorneys.
- **Children/Adolescent Services** At Risk Youth services varies by program; counseling, support groups and play therapy is available; teen programs also.
- **Substance Abuse** - Co-occurring and after care/Adolescent AA/NA. Urine analysis with immediate results.
- **Training** - All programs have staff available to do presentations in the community and provide professional training.
- **Public Awareness** - Public service announcements, “freebies” (pens, tote bags, magnets, etc.) Brochures, displays at conferences, etc.
- **Outreach** - Desert View determines the underserved populations in San Juan County and develops strategies to reach these populations; examples of underserved populations may include non-English speaking persons; teens; people of color; LGBT community; older women and men; people with disabilities, and others.
- **Practicum:** Desert View is an approved site for practicum experience.

## What is Sexual Assault?

**Sexual Assault is any kind of unwanted sexual behavior. There are many types of sexual assault.**

Types of Sexual Assault include:

- Rape (Male or Female)
- Child Sexual Assault
- Any kind of unwanted sex
- Inappropriate touching
- Sexual Harassment
- Stalking
- Drug Facilitated Sexual Assault

## If You are a Victim of Sexual Assault

1. GO TO A SAFE PLACE
2. Do not bathe or change clothes.
3. Call someone you trust.
4. Call Sexual Assault Services of NWNM to request a SANE exam (Sexual Assault Nurse Examiners).
5. Keep your options open.
6. Care for yourself.
7. Know this is NOT your fault.
8. Seek Counseling.
9. Decide about taking legal action.